

# Pippins Weekly News

Email: [office@pippins.slough.sch.uk](mailto:office@pippins.slough.sch.uk)

Phone: 01753682937 | [www.pippins.slough.sch.uk](http://www.pippins.slough.sch.uk)



## SEE TOMORROW GROW

Dear Parents and Carers,

We have been keeping our school value for this half term, awareness, at the fore of all that we have been doing, specifically looking after school property and reducing wastage.

In our whole school assembly, we raised our awareness as a school, to celebrate how lucky we are to have food to eat and drink fresh water every day. As a result of this, food wastage at lunchtime has decreased. On this note, I would like to open up the food bank at school after half term, to our school community. We welcome any donations of tinned items, pasta and other non perishable long-life items, so that we can stock our shelves. Please drop off items at the school office. Additionally, can I please ask for two volunteers to come forward, who can help us manage and run the foodbank. If you are interested, please speak to me at the school gate.

Over the last couple of weeks, I have been visiting other schools. As I reflect on these visits, I can say with great certainty, how very lucky I am to be leading a fabulous family centred school, with a great bunch of children and incredibly supportive parents. We are certainly on a journey, and one which will, no doubt, reach towering heights, Thank you for your continued support. On this note, please join me in thanking the PTA for organising the school disco, which is set to be a huge success! We have DJ Khalid leading the music so it will most definitely excite all! 😊 Please ensure you purchase tickets in advance, from the school office. All monies received, will go to purchasing stand up desks for the school!

Have a fabulous weekend,  
Mr Jalaf

## Dates for the Diary

8th February - PTFA disco after school - £5 entry

8th February - NO AFTER SCHOOL CLUBS - refunds will be issued.

8th February - End of Spring 1

9th February - Inset Day

19th February - Spring 2 Begins

### Attendance

Pips 80%  
Pixie 83%  
Elstar 99%  
Honeygold 97%  
Bramley 95%  
Crispin 90%  
Waltz 88%  
Jazz 95%

Please can parents be reminded we will not release your child to you at pick-up if you are on the phone.

# URGENT NOTICES! - PLEASE READ

**Uniform** - Please ensure all clothes are labelled with your child's name. Girls must be wearing **appropriate shoes (no heels and no boots)**. **No trainers** unless it is P.E. day.

**Parents** - please ensure all contact details are up to date on Arbor. Make sure to look at the after-school club schedule for next term.

**Child off sick** - If your child is ill, unwell, or sick you must call and **give all details of the illness** as we need them for our records. If your child is off ill for 5 or more days we require a **valid/up-to-date doctor's note**.

**Appointments** - If your child has an appointment during school hours you must give **at least 24 hrs notice** and **proof of appointment**.

**Drop-off and Pick-Up** - Parents/Carers please ensure **all phones are away** in pockets or bags **when collecting children** at pick-up as having them out or taking phone calls is against GDPR regulations for the school.

# MENU FOR THIS TERM

The menus for this term are now on the website just click 'Autumn Winter Menu 2024'.

Next week's menu will be WEEK 1.

Tuesday 6th and Thursday 8th - menu changes, please see your emails.



**Week 1**

Autumn/Winter 2023/24 Menu

*Twelve 15*

**Weeks Starting:**  
 30th Oct, 20th Nov,  
 11th Dec, 15th Jan, 5th Feb,  
 4th March and 25th March



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	<b>Option 1</b> Beef and Vegetable Pasta Bake	<b>Option 1</b> Roast Chicken with Roast Potatoes and Gravy	<b>Option 1</b> Spanish Chicken with Rice	<b>Option 1</b> Harry Ramsden's Fish with Oven Chips	
<b>Vegetarian Option 2</b>	<b>Option 2</b> Sweet Potato Whirl with Potato Crispers	<b>Option 2</b>	<b>Option 2</b>	<b>Option 2</b>	
<b>Option 3</b>	<b>Option 3</b> School's Choice	<b>Option 3</b> School's Choice	<b>Option 3</b> School's Choice	<b>Option 3</b> School's Choice	
<b>Sides:</b>	<b>Sides:</b> Seasonal Vegetables, Salad Bar and Fresh Bread	<b>Sides:</b> Seasonal Vegetables, Salad Bar and Fresh Bread	<b>Sides:</b> Seasonal Vegetables, Salad Bar and Fresh Bread	<b>Sides:</b> Seasonal Vegetables, Salad Bar and Fresh Bread	
<b>Dessert:</b>	<b>Dessert:</b> Fruit Yoghurt	<b>Dessert:</b> Chef's Flapjack	<b>Dessert:</b> Toffee Apple Crumble with Custard	<b>Dessert:</b> Mandarin Jelly	

# WELLBEING DAY

As part of our Wellbeing Day this term we have been using the resources which came with the colourful umbrellas which are displayed along our railings as you come into school and are celebrating Neurodiversity in our community. The aim is to celebrate our differences and learn a little more about it so that we can support our friends.

I spoke in Assembly about the neurodiversity in my own family and the superpowers my children have as a result. Whilst there may be some challenges associated with neurodivergence, there are many incredibly important skills and talents to acknowledge and celebrate.

At the same time, Children's Mental Health Week is next week (5-11 February 2024). The theme this year is 'My Voice Matters'.

My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves.

When we feel empowered, there's a positive impact on our wellbeing. Children who feel that their voices are heard and can make a difference have a greater sense of community and self-esteem. This year, we want children of all ages, backgrounds and abilities to be empowered to work together to create a positive change for their mental health and wellbeing.

During Children's Mental Health Week, we want all children and young people to be able to say – and believe – “My Voice Matters.

There are some excellent resources on this website (<https://parentingsmart.place2be.org.uk/>) for families to use to support better mental health amongst our children. There is also a quick guide 'top tips for families' written by children and young people attached to the newsletter today.

Mrs Emily Manners

SENDCo DSL

# MY VOICE MATTERS



## TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

### Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



### LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour. and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

### Here's what children and young people told us they need from you:

- 1 We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2 I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3 Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4 Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5 Don't compare my experiences to your own when you were a child.
- 6 Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7 Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8 If you are open with me about your feelings, this can help me to be more open about mine.
- 9 Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- 10 Sometimes a hug is all it takes to make me feel supported.



### WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

For primary children: [bit.ly/3PzCG18](https://bit.ly/3PzCG18)

For secondary children: [bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)

# My VOICE MATTERS



## CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...

TELL ME ABOUT YOUR DAY

WHAT WAS THE BEST THING ABOUT TODAY?

WHAT IS THE BIGGEST STRESS / WORRY IN YOUR LIFE RIGHT NOW?

WHAT'S YOUR ONLINE LIFE LIKE?

WHO WOULD YOU TALK TO IF YOU WERE FEELING WORRIED ABOUT YOUR MENTAL HEALTH?

WHAT CAN I DO TO HELP YOU?



PARTY

PIPPINS SCHOOL PTFA  
PRESENTS

End of Half  
Term  
Neon Disco

**THURSDAY 8th  
FEBRUARY 2024**

**KS1 (R - Y2): 3:30pm - 4.45pm**

**KS2 (Y3 - Y6): 5:00pm - 6.15pm**

**Music by DJ Khalid**

Student Only Event @ School Hall. Food and drink available.

Details to follow in letters  
provided w/b 15 January 2024



# M & M Book Club

PLEASE SIGN UP FOR THE M & M BOOK  
CLUB.

IT IS HELD EVERY THURSDAY FROM 3:30  
PM.

WE WILL BE LOOKING AT A RANGE OF  
EXCITING BOOKS AND SHARING IDEAS  
BASED ON DIFFERENT THEMES EACH  
WEEK.





## RECEPTION - PIXIE

In Pixie class this week, the children have been exploring and investigating Oobleck. It is made with cornflour, water and food colouring.

We had Dinosaurs in the gloopy swamp that linked to our Topic Long Ago The children loved how the Oobleck went from solid to liquid depending on how much pressure was added to it, squeezing it and then letting it run through their fingers.

Reception Team  
Mrs Janes and Mrs Day



## YEAR 2 - HONEYGOLD

Year 2 have been investigating the properties of different materials and their uses.

We have been discussing how each object is made up of different materials that have specific properties fit for the role it plays.

We have focused on paper this week - we discussed the different types of paper and what they are used for. We also look at how paper is made. Wood into a wood and water slurry then rolled into paper! We found it very interesting.

Have a lovely weekend,  
Miss Punja



The wood is cut into tiny pieces and soaked in water to make a watery wood pulp.

## YEAR 4 - CRISPIN

In Year 4, we have enjoyed learning about the different states of matter. We have experimented with solids, liquids and gases.

It has been fun watching solids turn to liquid and vice versa. We also learnt about the water cycle and how each state of matter can return to its original state.

Miss Sufi



## YEAR 6 - JAZZ

This term in Year 6 the children have been learning about electricity! Children have been learning about how electricity is made and have conducted investigations using circuits and recording their finding.

Once they had become experts in electricity, they write up their findings in a report and also had to use secondary research to find out a range of information. The children had to understand different scientific symbols related to electricity and ensure that the diagrams featured in their reports. Please have a look at some of the children's work from Jazz below.

Mr Khalid and Miss Kang

