

Pippins Primary School Curriculum Overview
Subject: P.E



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Topic: Personal Skills	Topic: Social Skills	Topic: Physical Skills	Topic: Creative Skills	Topic: Health and Fitness Skills	Topic: Cognitive Skills
	Concept: Personal Best	Concept: Working with and against others	Concept: Gymnastics (routines up to 3 movements)	Concept: Dance (select movements and link them together to make a routine)	Concept: Mastering basic movements	Concept: Character building (Values of fairness and respect)
	Skills and Knowledge Become increasing competent and confident.	Skills and Knowledge Develop fundamental movement skills with others.	Skills and Knowledge Master basic movements of agility, balance and coordination.	Skills and Knowledge Perform dances using simple movement patterns.	Skills and Knowledge Use agility, balance and coordination in a range of activities.	Skills and Knowledge Use thinking skills to develop skills further to improve
Reception	Outcomes Develop fundamental movement skills with self. Following instructions, being able to persevere on a challenge to be the best I can be.	Outcomes Participate in team games, developing simple tactics for attacking and defending.	Outcomes To develop physical literacy skills (confidence, competence, knowledge, motivation, understanding) and be consistent in every lesson.	Outcomes Develop shapes and circles and create sequences of movement with these through partnering and artistry.	Outcomes Challenging activities to build resilience and endurance	Outcomes Develop new ideas and solutions to problems, by problem solving

Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Topic: Personal Skills	Topic: Social Skills	Topic: Physical Skills	Topic: Creative Skills	Topic: Health and Fitness Skills	Topic: Cognitive Skills
	Concept: Personal Best	Concept: Working with and against others	Concept: Gymnastics (routines up to 3 movements)	Concept: Dance (select movements and link them together to make a routine)	Concept: Mastering basic movements	Concept: Character building (Values of fairness and respect)
	Skills and Knowledge: Become increasing competent and confident.	Skills and Knowledge Develop fundamental movement skills with others.	Skills and Knowledge Master basic movements of agility, balance and coordination.	Skills and Knowledge Perform dances using simple movement patterns.	Skills and Knowledge Use agility, balance and coordination in a range of activities.	Skills and Knowledge Use thinking skills to develop skills further to improve
	Outcomes: Develop fundamental movement skills with self. Following instructions, being able to persevere on a challenge to be the best I can be.	Outcomes: Participate in team games, developing simple tactics for attacking and defending.	Outcomes: To develop physical literacy skills (confidence, competence, knowledge, motivation, understanding) and be consistent in every lesson.	Outcomes: Develop shapes and circles and create sequences of movement with these through partnering and artistry.	Outcomes: Challenging activities to build resilience and endurance	Outcomes: Develop new ideas and solutions to problems, by problem solving

Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Topic: Personal Skills	Topic: Social Skills	Topic: Physical Skills	Topic: Creative Skills	Topic: Health and Fitness Skills	Topic: Cognitive Skills
	Concept: Personal Best	Concept: Working with and against others	Concept: Gymnastics (routines up to 3 movements)	Concept: Dance (select movements and link them together to make a routine)	Concept: Mastering basic movements	Concept: Character building (Values of fairness and respect)
	Skills and Knowledge Become increasing competent and confident.	Skills and Knowledge Develop fundamental movement skills with others.	Skills and Knowledge Master basic movements of agility, balance and coordination.	Skills and Knowledge Perform dances using simple movement patterns.	Skills and Knowledge Use agility, balance and coordination in a range of activities.	Skills and Knowledge Use thinking skills to develop skills further to improve
	Outcomes: Develop fundamental movement skills with self. Following instructions, being able to persevere on a challenge to be the best I can be.	Outcomes: Participate in team games, developing simple tactics for attacking and defending.	Outcomes: To develop physical literacy skills (confidence, competence, knowledge, motivation, understanding) and be consistent in every lesson.	Outcomes: Develop shapes and circles and create sequences of movement with these through partnering and artistry.	Outcomes: Challenging activities to build resilience and endurance.	Outcomes: Develop new ideas and solutions to problems, by problem solving.

Year 3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Topic: Personal Skills	Topic: Social Skills	Topic: Cognitive Skills	Topic: Creative Skills	Topic: Health and Fitness Skills	Topic: Physical Skills
	Concept: Personal Best	Concept: Attacking and Defending	Concept: Gymnastics	Concept: Dance/Healthy Lifestyles	Concept: Evaluating and recognising success and improvements	Concept: Character building (Values of fairness and respect)
	Skills and Knowledge Compare performances with previous ones.	Skills and Knowledge Communicating and collaborating.	Skills and Knowledge Develop flexibility, strength, technique, control and balance.	Skills and Knowledge Perform dances using a range of movement patterns. Link patterns to make actions and sequences of movement.	Skills and Knowledge Use running, jumping, throwing and catching in isolation and in combination.	Skills and Knowledge Take part in outdoor adventurous activities.
	Outcomes: Develop competence to excel in a broad range of activities.	Outcomes: Being able outsmart opponents identifying new ways to move into space and be successful in modified games.	Outcomes: (Routine up to 4 movements). Develop and apply travel and rotation on the floor, with hand apparatus and partner work.	Outcomes: Develop shapes and circles and create sequences of movement with these through partnering and artistry. Lead healthy, active lives. Physically confident to support their health and fitness. Increasingly competent and confident.	Outcomes: Physically active for sustained periods of time. Able to identify how many minutes of exercise should be completed each day.	Outcomes: Work effectively independently and in teams. Using problem solving skills and map reading to navigate key information.

Year 4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Topic: Personal Skills	Topic: Social Skills	Topic: Cognitive Skills	Topic: Creative Skills	Topic: Health and Fitness Skills	Topic: Physical Skills
	Concept: Personal Best	Concept: Attacking and Defending	Concept: Gymnastics	Concept: Dance/Healthy Lifestyles	Concept: Evaluating and recognising success and improvements	Concept: Character building (Values of fairness and respect)
	Skills and Knowledge Compare performances with previous ones.	Skills and Knowledge Communicating and collaborating.	Skills and Knowledge Develop flexibility, strength, technique, control and balance.	Skills and Knowledge Perform dances using a range of movement patterns. Link patterns to make actions and sequences of movement.	Skills and Knowledge Use running, jumping, throwing and catching in isolation and in combination.	Skills and Knowledge Take part in outdoor adventurous activities.
	Outcomes: Develop competence to excel in a broad range of activities	Outcomes: Being able to outsmart opponents identifying new ways to move into space and be successful in modified games	Outcomes: (Routine up to 4 movements). Develop and apply travel and rotation on the floor, with hand apparatus and partner work	Outcomes: Develop shapes and circles and create sequences of movement with these through partnering and artistry. Lead healthy, active lives. Physically confident to support their health and fitness. Increasingly competent and confident.	Outcomes: Physically active for sustained periods of time. Able to identify how many minutes of exercise should be completed each day	Outcomes: Work effectively independently and in teams. Using problem solving skills and map reading to navigate key information

Year 5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Topic: Personal Skills	Topic: Social Skills	Topic: Cognitive Skills	Topic: Creative Skills	Topic: Health and Fitness Skills	Topic: Physical Skills
	Concept: Personal Best	Concept: Attacking and Defending	Concept: Gymnastics	Concept: Dance/ Healthy Lifestyles	Concept: Evaluating and recognising success and improvements	Concept: Character building (Values of fairness and respect)
	Skills and Knowledge: Compare performances with previous ones.	Skills and Knowledge: Principals of attacking and defending using modified competitive games.	Skills and Knowledge: Develop flexibility, strength, technique, control and balance.	Skills and Knowledge: Perform dances using a range of movement patterns. Link patterns to make actions and sequences of movement.	Skills and Knowledge: Understanding how to improve in different physical activities.	Skills and Knowledge: Take part in outdoor adventurous activities.
	Outcome: Evaluate and recognise own success.	Outcome: Being able to outsmart opponents identifying new ways to move into space and be successful in modified games	Outcome: Develop and apply all gym skills on the floor, with hand apparatus and on low apparatus through focused skill development, sequence creation and games	Outcome: Develop shapes and circles and create sequences of movement with these through partnering and artistry. Lead healthy, active lives. Physically confident to support their health and fitness. Increasingly competent and confident	Outcome: Physically active for sustained periods of time. Able to identify how many minutes of exercise should be completed each day	Outcome: Work effectively independently and in teams. Using problem solving skills and map reading to navigate key information

Year 6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Topic: Personal Skills	Topic: Social Skills	Topic: Cognitive Skills	Topic: Creative Skills	Topic: Health and Fitness Skills	Topic: Physical Skills
	Concept: Personal Best	Concept: Attacking and Defending	Concept: Gymnastics	Concept: Dance/Healthy Lifestyles	Concept: Evaluating and recognising success and improvements	Concept: Character building (Values of fairness and respect)
	Skills and Knowledge: Compare performances with previous ones.	Skills and Knowledge Principals of attacking and defending using modified competitive games.	Skills and Knowledge Develop flexibility, strength, technique, control and balance.	Skills and Knowledge Perform dances using a range of movement patterns. Link patterns to make actions and sequences of movement.	Skills and Knowledge Understanding how to improve in different physical activities.	Skills and Knowledge Take part in outdoor adventurous activities.
	Outcome: Evaluate and recognise own success.	Outcome: Being able to outsmart opponents identifying new ways to move into space and be successful in modified games.	Outcome: Develop and apply all gym skills on the floor, with hand apparatus and on low apparatus through focused skill development, sequence creation and games.	Outcome: Develop shapes and circles and create sequences of movement with these through partnering and artistry. Lead healthy, active lives. Physically confident to support their health and fitness.	Outcome: Physically active for sustained periods of time. Able to identify how many minutes of exercise should be completed each day	Outcome: Work effectively independently and in teams. Using problem solving skills and map reading to navigate key information