

Pippins Weekly News

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SEE TOMORROW GROW

Dear Parents and Carers,

I begin by acknowledging and thanking from the bottom of our hearts, three dads, who came forward and helped the school with removing the trim trail and supporting with moving an outdoor building. Please join me in thanking Jason (Theon's dad), Neil (Toni's dad), and Mandeep (Samarvir's dad). Their loyalty to the school has allowed us to save approximately £4000. THANK YOU. Their incomparable kindness is a prime example of community spirit and placing the children at the heart of all that we do; in this instance, the money saved will be pumped directly into additional resources for our children.

Please contact the school office if you are able to support the school in any way. I wish to extend my thank you to the parent-reader helpers who have also come forward.

We had a delightful day at school today, celebrating wellbeing Day; it was a collective celebration of reminding the whole school about the zones of regulation, and taking stock of our emotions and feelings, by spending the afternoon doing what makes us all happy 😊 I am pleased to inform you that we will be having a termly wellbeing celebration. to regain our poise as a school community, in this busy and hectic world. Photos and further information to follow next week.

On that note, have a wonderful weekend.

With all good wishes,
Mr Jalaf

Dates for the Diary

29th November Aladdin panto trip

14th December PTA Christmas Fair - Details TBC

15th December last day of term 1:15pm



Attendance

Rec 82%
Y1 92%
Y2 86%
Y3 97%
Y4 95%
Y5 90%
Y6 97%

INTERFAITH CONFERENCE

Last Friday Miss Kang took five Year 6 students to attend and Eco Interfaith Conference at Slough and Eton College. The conference was held by different key note speakers. Our students listened well and participated in discussions with other pupils from other schools and faith leaders. It was a fantastic experience. We were also lucky to meet the Mayor of Slough too.

<https://oxford.anglican.org/climate-change-is-the-focus-of-inter-faith-eco-conference.php>



GENERAL NOTICES

A weekly Recorder Club will start on Monday 20th November from 3.15-4 pm with Mrs Manners, Year 1 and up, beginners welcome... Sign up on Arbor

KitKat ChitChat drop-in session with Mrs Manners Tuesday 28th, 2-3 pm in the Bungalow.

Food Bank - Mrs Manners can refer families to the Slough Food Bank if you are finding it hard to manage at the moment.

Please do contact her if you would like some extra support by emailing sendco@pippins.slough.sch.uk



KitKat ChitChat

with Mrs Manners our SENDCo

2-3pm Tuesday 28th November in the Bungalow.

Come along and talk about any issues or concerns or share your experiences and top tips. Mrs Manners will be sharing some information and resources and can signpost you to other helpful organisations or talk about next steps if needed.



Free Recorder Club

Mondays from 3.10-4pm

Come and learn to play the recorder and read music with Mrs Manners. Beginners welcome, please sign up on Arbor

ZONES OF REGULATION

Today we have reintroduced our Zones of Regulation Programme to all classes as part of 'Wellbeing Day'. Zones of Regulation is an internationally renowned tool which helps children to manage difficult emotions, known as 'self-regulation'. From time to time, all of us (including adults) find it hard to manage strong feelings such as worry, anger, restlessness, fear or tiredness, and this stops us from getting on with our day effectively. Children who feel these emotions often find it hard to learn and concentrate in school. The Zones of Regulation aims to teach children strategies to help them cope with these feelings so they can get back to feeling calm and ready to learn. These coping strategies are called 'self-regulation'.

We have explored our feelings and our responses to situations as well as learning and trying out different activities that we could use to help regulate our feelings and emotions.

Mrs Manners even brought Rosa, her family's therapy dog, to school to meet us all.

There is a document explaining Zones of Regulation in more detail attached with the newsletter. If you would like to know more, please do ask Mrs Manners.

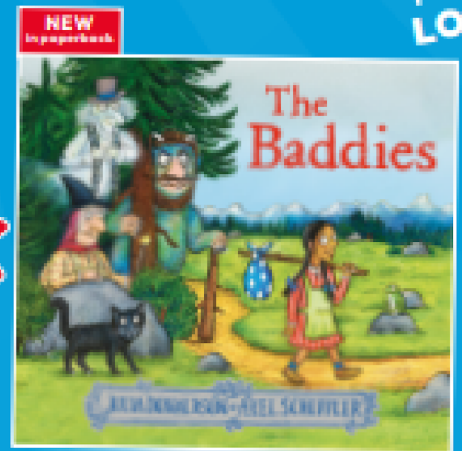
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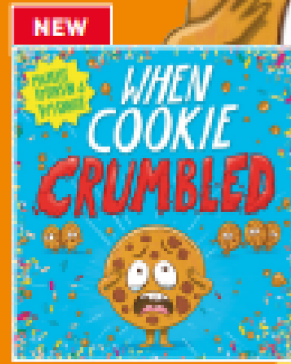


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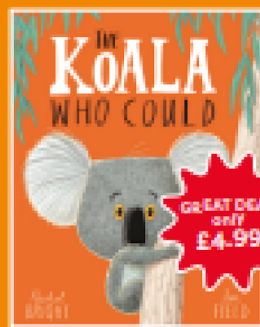
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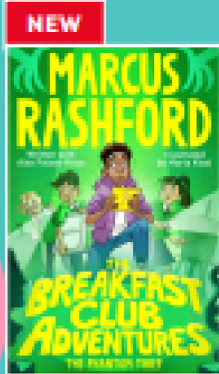


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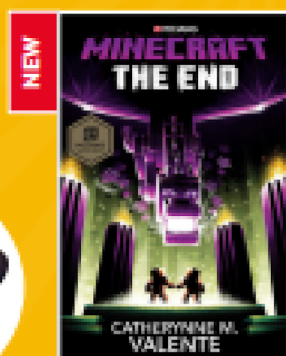
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Please check with your school for the best way to pay for your books

- You can pay online at the Fair via card reader machines if your school has one or by using the online payment link at www.travellingbooks.co.uk/pay and simply selecting your school from the drop down menu.
- Pre-paid gift vouchers are available in **£5, £10, £15, £20 and £25**. Go to www.travellingbooks.co.uk/gift-vouchers to buy vouchers for your child before the Fair.
- If you can't attend the Fair in person, your child can order books via a Wish List - please ask your school for details.

HELP EARN FREE BOOKS

Scholastic is one of the largest providers of free books to schools via our Reward scheme which helps to ensure that as many children as possible have access to books that support reading for pleasure. Every time you buy from the Book Fair, you help to make a difference by supporting literacy in your child's setting. Last year, with your help, we gave over **£5.3M** worth of free books to schools nationwide, which stocked school libraries and classrooms.



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All books subject to availability. Book ranges may vary. ⚠ Warning: Not suitable for children under 3. Small parts.

Illustrations from Wings of Fire © Amy Hargreaves 2023

REMEMBRANCE DAY

Dear Parents,

Our remembrance day service had to be held in the school hall due to the terrible weather, but Vicar Samson came to us instead, and the children did us proud. They shared a wonderful selection of work that they had created especially for the service.

The children displayed a range of beautiful poppy paintings and poppy crafts and read out some fantastic written work. Our year six children also did a great job of narrating and explaining all about Remembrance Day. Nursery and Reception children had fun creating some lovely work and held their own, age-appropriate remembrance service.

Well done everyone!

Mrs Fowler.



ONLINE SAFETY

For many of us, we see our online lives and offline lives as different, but children are growing up with technology and the internet and for them there isn't a difference; online life and offline life is just life.

Technology can move at an extraordinarily fast pace and it can be difficult to know how to start talking to your child about what they're doing online, who they might be speaking to or discussing the potential risks and issues.

Here are Pippins top ten tips regarding keeping your child safe online:

1) Don't ban your child from using technology The media is full of scary stories about online risks for young people. However, it's important to not let potential problems stop you from letting your child use technology for their education and personal interests.

We live in a digital world and that's not about to change. We need to remember that technology can enrich our lives in many ways when used well.

2) Take an interest in your child's online world

Talk to your child about what they're doing online. Take an interest in their interests and consider co-viewing or co-creating with them from time to time.

Ensure you're familiar with your child's favourite apps or websites. Find out how they work and what they're getting out of them.

3) Remember, you're in charge. At the end of the day, remember you're the parent. Set boundaries and consider using filtering software and parent controls on devices (but be aware that this is only part of the solution).

4) Create a family media agreement

Create your own internet/device rules for your household and have your child agree to adhere to them.

5) Help your child learn about privacy

Teach your child to keep personal information private online. YAPPY is a useful acronym to remind children of some of the personal information they should not share on public online spaces (blogs, forums, social media, etc.). YAPPY stands for: Your full name, Address, Phone number, Passwords, Your plans and birthday.

6) Help your child to think critically when they're online

Remind your child that not everything you read or see on the web is true, and not everyone online tells the truth.

More than ever, internet users are required to wade through a lot of noise, distractions, and opinions that flow freely online. Children need guidance to learn this skill.

7) Keep the lines of communication open

It's crucial to talk to your child regularly and openly about what they're doing online.

Encourage your child to tell you if they ever have a problem online. Help them come up with a plan of attack if they ever see anything online that makes them feel worried or unsure (e.g. tell an adult, close the tab, etc.). Work together with your child to help them navigate digital dilemmas.

8) Strive for balance in your household

Encourage your child to balance their screen time and green time, and encourage offline interests. Be wary of health problems from overusing technology (eyesight, posture, hearing, and so on.).

There are many guidelines floating around but perhaps there isn't really an arbitrary answer when parents or educators ask, "How much time should children spend on screens?" Perhaps it depends on what the child is actually doing. Creating and purposefully connecting online is clearly more beneficial than long stretches of passive viewing.

9) Be aware of age restrictions

Many popular sites (YouTube, Instagram, etc.) have age restrictions, and these are in place for a reason: to keep young people safe.

Don't allow your child to sign up for sites if they're underage or not ready. When they are old enough to register, make sure your child sets their online accounts to private to limit access to people they know well.

10) Educate yourself Explore reliable resources for parents so you can educate yourself and protect your children.

A key message that underpins all of the above is: be a role model. Our own digital habits, like being constantly distracted by our own devices, are noticed by children. It can be easier said than done, but being more mindful of having a balanced approach to using technology ourselves is crucial. Monkey see, monkey do.